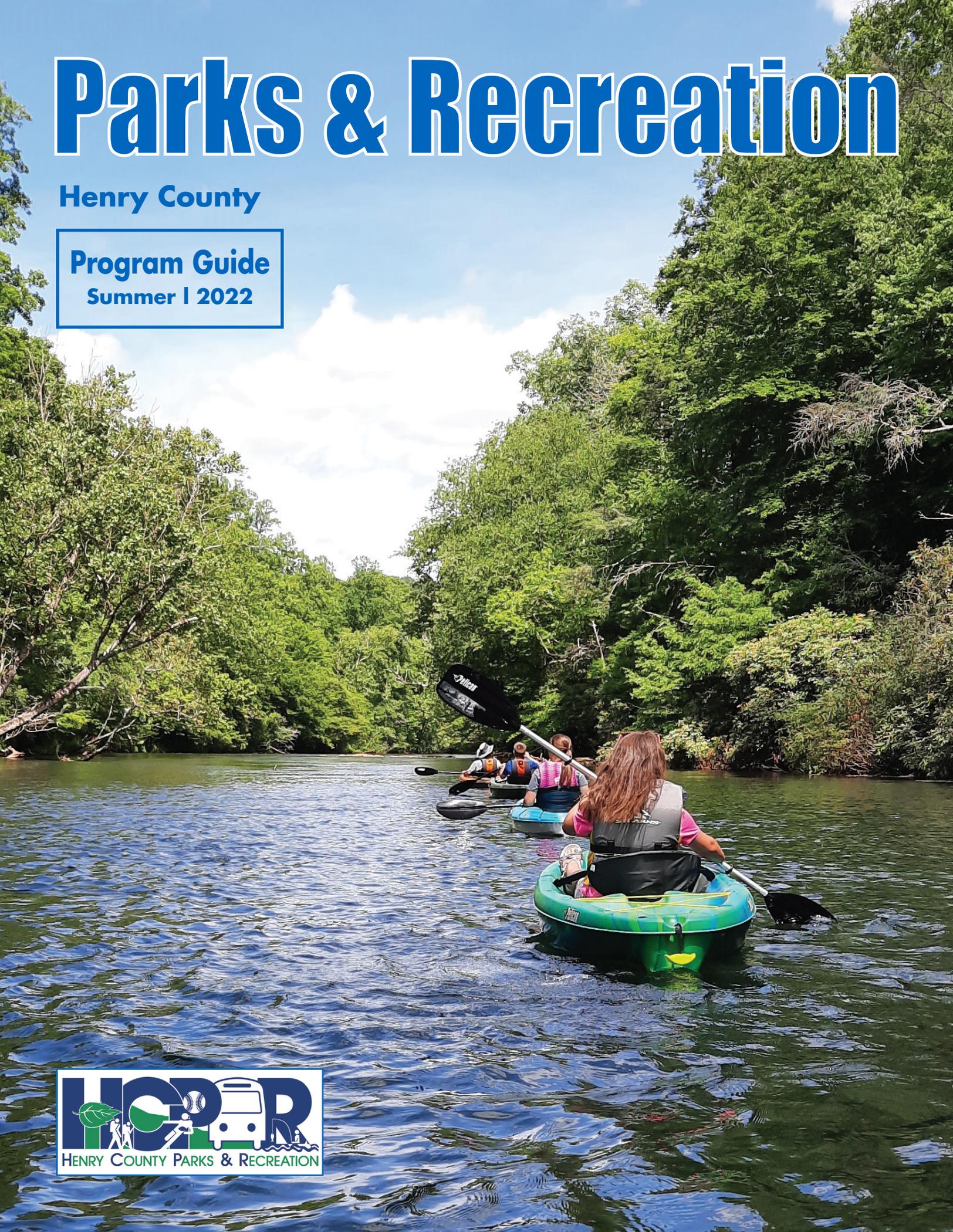


# Parks & Recreation

Henry County

Program Guide  
Summer | 2022



# A MESSAGE FROM THE DIRECTOR

Dear Fellow Citizens:

Our staff has planned a lot of fun and exciting activities for children, adults, families and seniors for this summer. Be sure to check out all of the information listed in the guide. We thank Bethany Gilbert for providing the picture on the cover this issue.

Smith River Fest will take place this year on Saturday, August 20 from 10:00 am - 4:00 pm at the Smith River Sports Complex. We had a record turnout last year and we have some fun things planned for this year. Some of the activities will include the Joseph Young Magic Show, free river tubing, mud run, boat race, rock wall, petting zoo, food trucks, beer garden, live music and much more.

We are so excited for the 2nd Henry County Fair to take place at Martinsville Speedway on September 21 - 24. The concerts are going to be spectacular this year! We will have the TC Carter Band on Wednesday, We Are Messengers on Thursday and Celeste Kellogg on Friday. The Rock N Circus Show will be back and we will welcome the Pompeyo Family Amazing Dog Show! Cole Rides will provide thrilling rides for all ages as well as some delicious fair food.

Thank you for your interest in Henry County Parks & Recreation, and have fun!

Sincerely,  
Roger Adams, CPRP

## OFFICE INFORMATION

### Henry County Parks & Recreation Office Information

Henry County Parks & Recreation is a member of the Virginia Recreation and Park Society (VRPS) and the National Recreation and Park Association (NRPA). Henry County Parks and Recreation may be contacted, Monday - Friday 8:00 am - 5:00 pm at:

PO Box 7 • Collinsville, VA 24078

Phone: 276.634.4640 • Fax: 276.634.4637 • email: radams@co.henry.va.us

### HENRY COUNTY PARKS & RECREATION STAFF

**Roger Adams, CPRP**  
Director

**Ashley Mundy**  
Senior Services Coordinator

**Benny Luther**  
Parks Manager

**Gary Gammons**  
Parks Maintenance Staff

**Ted Crowder**  
Parks Maintenance Staff

**Wanda Setliff**  
Senior Services Assistant

**Daniel Reynolds**  
Deputy Director

**Renee Brannon**  
Office Manager

**Eric Martin**  
Assistant Parks Manager

**Gary Rea**  
Parks Maintenance Staff

**Dylan McGuire**  
Parks Maintenance Staff



**Blackberry Park**



**Collinsville Jaycee Park**



**Doe Run Park**



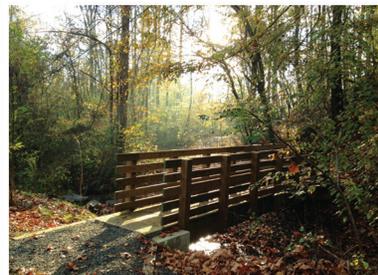
**Fieldale River Access**



**Gravelly Park**



**The Dick and Willie Trail Lauren Mountain Preserve**



**Philpott Marina**

# Classes

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## ROCKET BUILDING

Participants will make their very own rocket and then launch them in Jack Dalton Park. Space will be limited to 10 participants and class is for ages 9 and up.

Date/Time: June 24th / 10:00 am - 12:00 pm  
Location: Jack Dalton Park Picnic Shelter  
Cost: \$10.00

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## KID'S GEOCACHING DAY

Geocaching is a fun outdoor adventure that is similar to a scavenger hunt. Hiking applies to the search for "caches" left in the parks. Space is limited to 8 participants and is for ages 8 and up.

Date/Time: June 10th & July 22nd / 9:00 am - 12:00 pm  
Location: Henry County Administration Building  
Cost: \$10.00

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## CANOE DAY

This is an introductory session for anyone wanting to find out what a flatwater paddle is like. Canoes and kayaks will be available to try out. Space will be limited to 10 participants.

Date/Time: June 22nd / 10:00 am-12:00 pm  
Location: Beaver Creek Reservoir  
Cost: FREE

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## TIE DYE DAY

Come out and learn a few patterns to create your own Tie Dye shirt. Participants will need to bring their own white T-shirts and can dye more than one shirt. Space is limited to 20 participants.

Date/Time: June 21st & July 8th / 10:00 am - 11:00 am  
Location: Jack Dalton Shelter  
Cost: \$5.00

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## KIDS IN THE KITCHEN

We will explore ways for kids to make smart and easy meals on their own, everything from planning the meal down to washing the dishes. Class will be limited to 10 participants and for kids ages 8-12 years old. Bring a container to take home samples.

Date/Time: July 12th-14th / 10:00 am - 12:00 pm  
Location: Henry County Recreation Center  
Cost: \$20.00

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## INTRO TO ARCHERY

Introduction to Archery is a hands-on two hour workshop that will provide basic knowledge of archery including archery equipment, shooting, and safety. Class is limited to 8 participants.

Date/Time: June 23rd / 10:00 am - 11:30 am  
Location: Meet at the Jack Dalton Picnic Shelter  
Cost: \$10

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## OUTDOOR SCAVENGER HUNT \*\*NEW\*\*

Our Outdoor Scavenger hunt will take us from park to park as we search for clues that will lead us to our next location.

Date/Time: July 6th / 9:00 am - 12:00 pm  
Location: Various Parks (Bus leaves from Administration Building)  
Cost: \$10

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## KIDS FISHING DAY

Come join us as we offer a beginners course to a sport that can be enjoyed for an entire lifetime. Participants will learn the very basics of fishing from baiting a hook to casting on their own. Pre-registration is required and space is limited to 10 participants.

Date/Time: June 17th / 9:00 am - 12:00 pm  
Location: Riverview Park (Bus leaves from Administration Building)  
Cost: Free

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## CREEK CRAWL

Explore the shallows of a local creek and find out what type of creatures live in the sand, mud and under rocks! Learn about the importance of macro invertebrates and their amazing life cycle. Be sure to wear boots or shoes you don't mind getting wet and muddy. This program is great for all ages.

Date/Time: July 29th / 10:00 am - 12:00 pm  
Location: Lauren Mountain Nature Preserve  
(Bus leaves from Administration Building)  
Cost: \$10

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## CHILDREN'S CRAFT CLASS

Participants will decorate summer-themed crafts. Space is limited to 10 children.

Date/Time: July 28th / 10:00 am - 11:00 am  
Location: Henry County Administration Building  
Cost: \$10

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# Camps

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## ART CAMP

Children will participate in still life drawings, paintings, cartoons, abstract paintings and other forms of art. Pre-registration is required, camp is limited to 20 participants. Camp will focus on creativity and expression through art and help young artists gain confidence in their skills.

Date/Time: July 18th - 20th / 9:00 am - 11:00 am  
Location: Henry County Administration Building  
Cost: \$25.00

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## EXPLORE CAMP

Camp is designed to enjoy yourself and learn what you can do outside without being on a playing surface. Participants will hike, fish, geocache and participate in a water day. Max 10 participants.

Date/Time: June 13th - 16th / 9:30 am - 12:00 pm  
Location: Henry County Administration Building  
Cost: \$20.00

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## GOLF CAMP WITH BRYCE VARNER

Camp and instruction will be designed for the golfer who is looking to learn the fundamentals of golf. Never tried golf? No problem. This camp will offer an hour of instruction for anyone who has never touched a club.

Date/Time: June 20th & July 15th / 9:00 - 10:30 am  
Location: Sports Complex Driving Range  
Cost: \$10.00 per class

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## MARTINSVILLE MUSTANGS BASEBALL CAMP

This is a 4 day camp focusing on the fundamentals of pitching, fielding, and hitting for ball players ages 7-9 years old. Drills are designed to help every aspect of the game.

Date/Time: June 6th-9th / 9:00 am - 11:30 am  
Location: Mustangs Field  
Cost: \$100

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## FOOTBALL CAMP

Bassett's Coach Brandon Johnson, staff and players will be on hand for teaching and instruction. This three day camp will give your player some great instruction from high school coaches and players.

Dates/Time: July 25th-27th / 6:00 pm - 8:00 pm  
Location: Bassett High School Practice Field  
Cost: Free

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## RUNNING CAMP

Join Bassett's Cross Country Coach Kevin Underwood, as he introduces kids to the physical and mental benefits of the life long sport of distance running.

Dates/Time: TBA / 6:00 pm - 8:00 pm  
Location: Bassett High School

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## STEM CAMP

Unlock your child's brilliance at the world's premier destination for STEM education. Guided by an elite 4-H tech STEM team, they will have fun, advance their skills, fast with Scratch Coding, java and join a community of 500,000 aspiring innovators. Ages 8-12 years old.

Dates/Time: June 28th-30th / 10:00 am - 12:00 pm  
Location: Henry County Administration Building  
Cost: \$25

## Fitness

### MILES IN MARTINSVILLE

Get up and get moving with the Miles in Martinsville Series and help support Outreach Programs of the YMCA. There are distances for runners of all levels from 5K to half marathon so sign up and support these great events and causes. Contact the Martinsville YMCA at 276-632-6427 or visit [www.milesinmartinsville.com](http://www.milesinmartinsville.com) to learn more!

Uptown Martinsville Mile  
Harvest Moon 5K-8K

July 16th  
September 9th

### HELGRAMITE HUSTLE 5K MUD RUN

Ready to Hustle? In this muddy 5k you will navigate a series of mud pits, romp through a creek and there will be plenty of obstacles to climb over, climb under and crawl through. The Kids Mini Fun Mud Run will follow the race at 11:00 am. Call HCPR @ 276-634-4640 for more information.

Date/Time: August 20th / 11:00 am  
Location: Smith River Sport Complex  
Cost: \$30 until August 5th  
\$35 August 6th - 19th  
\$40 Race Day  
Kids Mini Fun Run at 11:00 am - FREE

### RIVER RACE @ SMITH RIVER FEST

Race your kayak, canoe or stand-up paddleboard from the South Martinsville River Access to the Sports Complex. Competitors will be broken down into categories. NO INFLATABLES. Everyone racing must attend a safety briefing before the race. Shuttles will get you and your boat up to the South Martinsville Access point but you will need to register and drop your boat off at the Sports Complex. Drop your boat near the river and register at the Henry County Parks and Recreation tent. Call HCPR at 276-634-4640 for more information.

Date/Time: August 20th / 1:30 pm Race Begins  
1:15 pm Mandatory Safety Meeting  
Location: Smith River Sports Complex  
Cost: \$20 per single entry  
\$30 per tandem entry

## Interested in officiating Basketball & Football games for Fall 2022?



Please contact **Daniel Reynolds** at

276-634-4645 for more information.

*Officials are paid per game.*

## Clubs

### HENRY COUNTY PHOTOGRAPHY CLUB

Looking to get into photography but not sure which way to turn? Not sure what type of camera to buy? Not sure where to start. The Henry County Photography Club could be perfect for you. Local photographers from novice to professional meet monthly for open discussion about photography. Come see some beautiful pictures taken throughout our area. Membership is free. Please bring your camera and/or photographs to share with the group. More info on our Facebook page <http://www.facebook.com/hcproamphoto> or email [henrycountyphoto@gmail.com](mailto:henrycountyphoto@gmail.com).

Date/Time: First Monday of the Month @ 7:00 pm  
Location: Henry County Administration Building  
Cost: FREE

### BLUE RIDGE SKI AND OUTING CLUB

If activities like hiking, canoeing, kayaking, biking, traveling, wake boarding, bowling and skiing sound fun to you, the Blue Ridge Ski and Outing Club could be just for you. The BRSOC is ideal for anyone looking to have an outgoing and active lifestyle. Call Fran Brooks, Public Relations Director at (276) 734-5296 or email [sidalee24112@yahoo.com](mailto:sidalee24112@yahoo.com) for information or visit the website at [www.BRSOC.org](http://www.BRSOC.org). Like them on Facebook to find out more.

### PATRICK HENRY PATRIOTS RC CLUB

Radio Control Model Aviators meet monthly to promote and encourage the Radio Control Model Aviation hobby. During warm months, the club meets at PATRIOTS R/C FIELD located just beyond the Convenience Center on Jack Dalton Road. New members are always welcome! Check them out on Facebook to find out more.

Date/Time: Second Saturday of the Month @ 12:00 pm  
Location: Henry County Administration Building/Patriot Flying Field  
Cost: See club members for dues

### HENRY COUNTY BIKE CLUB

Looking for a new activity that is great for you physical and mentally? Joining the Henry County Bike Club could be the perfect way for you to get some exercise while letting the wind blow through the vents in your helmet to get the cool helmet hair! Our bike club is open to participants of all ages and skill levels. Weekly rides and events can be found on their website at <http://henrycountybikeclub.com>. For more details or contact Tommy Smith at [tommymith24055@yahoo.com](mailto:tommymith24055@yahoo.com). Like them on Facebook to find out more.

### THE RUN GARDEN

Let The Run Garden help you create and stick to a plan, as well as keep you accountable. You can also improve your running and stay injury-free with a gait analysis. Schedule one today by calling 276-250-1072, visiting <http://www.therungarden.com> or emailing [therungarden@yahoo.com](mailto:therungarden@yahoo.com).

# Special Events & Activities

## LITTLE LEAGUE NIGHT

Coaches and players can get into the Mustangs game for FREE if you are wearing your parks and recreation baseball/softball jersey.

Date/Time: June 24th / 7:00pm  
Location: Hooker Field  
Cost: Free wearing your Parks & Rec jersey

## CARDINAL JUNIOR GOLF SERIES

The Cardinal Junior Golf Series allows junior golfers the chance to compete against local junior golfers. The Cardinal Junior Series meets at a different location each Monday in June. For more information, please contact James Draper at (276) 632-0283.

Date/Time/Location:	June 6	Forest Park CC.	10:00am
	June 13th	Gordon Trent CC	TBD
	June 20th	Lynrock Golf Club	10:00am
	June 27th	Beaver Creek GC	TBD

## BASSETT HIGHWAY 57 CRUISE-INS

The Bassett Hwy 57 Cruise-In is an annual event on the third Saturday of each month from May-October with the purpose of promoting the Bassett community and Henry County while providing a safe family environment which appeals to car enthusiasts of all ages.

Time/Date: May 21st, June 18th, July 16th, August 20th  
3:00-7:00pm  
Location: Downtown Bassett  
Cost: FREE

## GARDEN TO GO

The Garden to Go program will give someone a chance to grow a personal size garden. Each kit will include tomato seeds, squash seeds, cucumber seeds and watermelon seeds. Each kit will also include a bucket and some dirt so everyone can get started right away.

Time/Date: Available now  
Location: HCPR Office  
Cost: \$20

# Family Activities

## SMITH RIVER FEST - AUGUST 20TH

Run, paddle and bike your way to fun at Smith River Fest! Held annually along the Smith River in Henry County, Virginia, this event is truly a celebration of all things associated with the Smith River and our great outdoors. Ride the river, browse vendors and challenge yourself in the Helgramite Hustle 5K Mud Run.

The Smith River is 45 miles of scenic beauty flowing through our community from the base of Philpott Dam in Bassett, Virginia down to Eden, North Carolina where it meets the Dan River. Alongside the river and throughout Martinsville & Henry County are nearly 20 miles of shared-use trails that make up the Smith River Trail System. Paddlers will love the variety that the Smith River offers from calm floats to class I/II rapids.

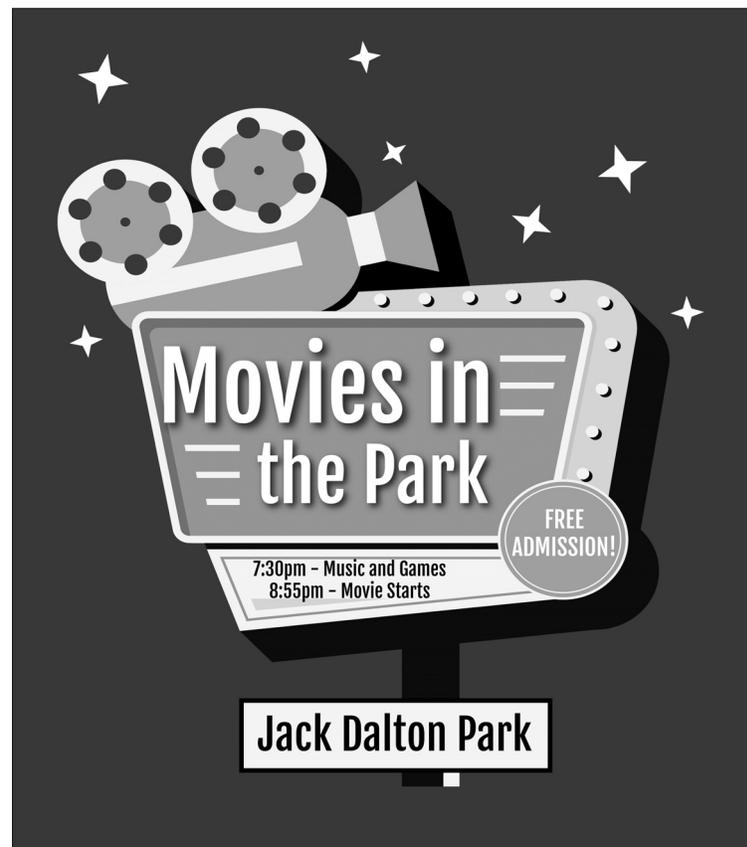
The festival is located at the Smith River Sports Complex, 1000 Irisburg Road in Axton, just off the Hwy 58 Bypass. Admission and parking are free!

\*\*\*Is there a program, class, trip, etc that you would like to see HCPR offer? Do you have an expertise in a certain area and want to teach it to other members of the community? Please send any suggestions to Daniel Reynolds at dreynolds@co.henry.va.us or 276.634.4645\*\*\*

# Travel

Please call our office to receive a registration form. Please contact Ernie Dale with Roanoke Tours at 540-366-2888 for trip details.

Memorial Day Weekend to Hillbilly Hide-a-way	May 28th
Scenic Byways to Homestead	June 11th
Rock Churches of Blue Ridge Parkway	June 25th
Summer Train to Swannanoa	July 16th
Washington D.C.	August 20th-21st



**JUNE 24 - SING 2**  
**JULY 15 - SPACE JAM: A NEW LEGACY**  
**AUGUST 19 - THE BOSS BABY:**  
**FAMILY BUSINESS**

Drinks, candy and snacks available for purchase

## “WHAT HAPPENED TO MY PROGRAM”

HCPR holds off as long as possible, but sometimes excellent programs have to be cancelled because participants wait until the last minute to sign up. Each program needs a minimum number of participants in order to run. So if a program looks interesting, don't hesitate and register today!



**FUN FOR  
EVERYONE!**

**SEPTEMBER 21<sup>ST</sup> — 24<sup>TH</sup>**

Martinsville Speedway  
340 Speedway Road, Ridgeway, Virginia



*Come & Join Us For...*

Great Food

Rides

Games

Attractions

Live Music

Special Events

Fair Pageant Winner

4H Competitions

Animal Exhibits

Petting Zoo



For more information call 276-634-4640 or visit [HenryCountyVAFair.com](http://HenryCountyVAFair.com)

# 50+ Club

## SENIOR TRANSPORTATION

Henry County Parks and Recreation provides transportation services to senior citizens, that are residents of Henry County and are sixty years of age and older. Preference is given to elderly, transportation disadvantaged and disabled. Contributions are appreciated. For a ride call 276-634-4644.

Transportation Schedule (Masks Required)  
Monday - Thursday - Demand Response  
Friday - Limited Demand Response

## Health & Nutrition

### FREE BLOOD PRESSURE AND OXYGEN SATURATION SCREENINGS • SPONSORED BY AMEDISYS

May 26, 2022 • 11:00 am - 12:00 pm  
Henry County Administration Building Lobby

## SENIOR CAFÉS

Senior Cafés (These sites are currently closed. The intention is to open as soon as it is deemed safe to do so. Contact Senior Services office for more information.)

Join us for entertainment, socializing and a good hot lunch. This program is for seniors sixty years of age and older and all income levels. Come join the fun, food and fellowship. If you are interested in attending, please call 634-4644.

Time/Days: Mondays, 11:00 am - 1:00 pm  
Location: Moral Hill Missionary Baptist Church in the fellowship hall  
50 Moral Hill Drive, Axton, VA 24054  
Cost: Suggested donation  
Time/Days: Tuesdays, 11:00 am - 1:00 pm  
Location: Henry County Recreation Center  
395 John Redd Blvd, Collinsville, VA 24078  
Cost: Suggested donation

## BREAKFAST CLUB

The Breakfast Club is open to all adults age 50 and above. The Breakfast Club is designed to be a fun and socially interactive way to meet people and enjoy breakfast in a nice atmosphere.

Time/Days: 4th Tuesday of each month at 8:30 am  
May 24 Skip's Restaurant  
1221 Memorial Blvd., Martinsville, VA  
June 28 Fieldale Cafe  
63 Marshall Way, Fieldale, VA  
July 26 Skip's Restaurant  
900 Starling Ave. Martinsville, VA  
August 23 Clarence's Steak & Seafood  
6636 Greensboro Road, Ridgway, VA  
Cost: Individual is responsible for cost of breakfast

## YOGA

Yoga is a great way to start your morning. Join us every Monday morning for an hour of yoga. This class is designed to give you greater relaxation, energy and balance. You must provide your own yoga mat and pre-register at 276-634-4644.

Time/Day: Monday of each week; 9:00 am  
Location: Henry County Recreation Center  
395 John Redd Blvd., Collinsville, VA  
Collinsville, VA 24078  
Cost: \$3

## SENIOR SUMMER BOWLING LEAGUE

The Senior Summer Bowling League is open to all adults age 50 and above. The senior bowling league is designed to be fun and allow for seniors to get some exercise. Beginners as well as experienced bowlers are welcome. Pre-registration is required to bowl. Names will be taken on a first-come, first-serve basis. For additional information or to pre-register, please call 276-632-6060 or 276-634-4644. Registration ends when teams are filled.

Time/Days: Wednesday - 9:15 am beginning May 11, 2022  
Practice begins at 9:05 am  
Location: Sportlanes  
10 Koehler Road, Martinsville, VA  
Cost: \$5.00 initial registration fee and \$7.50 per week for three games, including bowling ball and shoes. The bowling fee must be paid whether you bowl on league day, pre-bowl or are absent.

## FIRST FRIDAYS AT THE LANES

Sportlanes is the place to be on the first Friday of each month. Join us for First Fridays at the Lanes. Sportlanes in conjunction with Henry County Parks & Recreation will sponsor a Senior Social with each game of bowling costing only \$1.00 and light refreshments are provided. Come on out and socialize, bowl and just have a good time.

Time/Days: 1st Friday of the Month, May 6, June 3, July 1, August 5  
10:00 am - 12:00 Noon  
Location: Sportlanes, 10 Koehler Road, Martinsville, VA  
Cost: \$1.00 per game

## PICKLEBALL

Pickleball is a combination of tennis, badminton, and table tennis. It was invented in 1965 as a children's backyard game. It is the fastest growing sport in the United States. This is the perfect game to combine cardio and eye coordination. All levels of experience is welcome. We will supply the equipment. This is a two to four person game, so try to bring a team or partner with you. Call Senior Services at 276-634-4644 for more information on why Pickleball is popular with all age groups.

Time/Days: Wednesday, 10:00 am - 2:00 pm  
Location: Henry County Recreation Center Gym  
395 John Redd Blvd, Collinsville, VA 24078  
Cost: Free

## SENIOR KAYAKING

Kayaking is great way to have a low impact aerobic activity that helps in muscle strength in your back, arms, and shoulders. Join the Henry County Parks and Recreation Senior Services once a month to enjoy recreational paddling and beautiful scenic views on the water. Each participant will need to provide their own equipment (life jacket, kayak, and paddles). Be sure to wear the appropriate clothing and bring a water bottle. Pre-registration is required. For more information, contact Henry County Parks and Recreation Senior Services at 276-634-4644.

Time/Day: Thursday - 1:30 pm  
Location: May 26th Philpott Dam Marina  
June 23rd Martinsville Reservoir  
July 28th Ryan's Branch  
August 25th Philpott Dam Marina  
Cost: Free

# 50+ Club

## Health & Nutrition

### WALKING ON THE DICK & WILLIE PASSAGE

Let's go walking on the Dick & Willie Passage. This 7.0 mile paved trail follows the path of the old Danville & Western Railway, starting on the west end of Virginia Avenue, continuing across Martinsville & Henry County and ending at Smith River Sports Complex. We plan to walk on Monday, Tuesday, Wednesday and Friday weather permitting. Just remember that any increase in walking will promote good health.

**Time/Days:** Monday, Tuesday, Wednesday, & Friday of each week, 9:00 am  
**Location:** Monday & Tuesday, Country Club Trail  
Wednesday & Friday, Liberty Street Trail  
**Cost:** Free

### THURSDAY TRAIL TREKKERS

Martinsville and Henry County are home to many miles of beautiful hiking trails. This group, co-sponsored by Henry County Parks & Recreation and the Dan River Basin Association, will meet on Thursday mornings to explore a different trail every week. Weather permitting, we will meet at designated locations throughout the county, and sometimes in nearby parts of neighboring counties, for morning hikes. All the trails selected will be moderate in length and difficulty and senior-friendly, but there is no minimum age requirement. Please contact Ashley Mundy at amundy@co.henry.va.us with any questions. Seniors interested in this program will need to pre-register with Henry County Parks & Recreation Senior Services at 276-634-4644.

**Time/Days:** Thursdays, 9:00 am weather permitting  
**Location of Hikes:** May 5 Deshazo Mill Access (Fall Creek Falls)  
May 12 Gravely Nature Preserve  
May 19 Uptown Connector/Silverbell Trail  
May 26 Mountain Laurel Trail  
June 2 Deshazo Mill Access (Fall Creek Falls)  
June 9 Gravely Nature Preserve  
June 16 P&H CC Trail  
June 23 Spencer Penn Centre Trail  
June 30 Lauren Mountain Trail  
July 7 DeShazo Mill Access (Fall Creek Falls)  
July 14 Doe Run Trail  
July 21 Cedar Ridge Trail  
July 28 Martinsville Reservoir  
August 4 Deshazo Mill Access (Fall Creek Falls)  
August 11 Fieldale Trail  
August 18 Dick & Willie Fisher Street Trail  
August 25 Dick & Willie Country Club Drive Trail  
**Cost:** Free

### LINE DANCE (CONTEMPORARY STYLE) - BEGINNER BASICS

This class will introduce the beginner dancer to basic Line Dance steps and incorporate those steps into fun, easy dances to a wide variety of music. Learn dances to your favorite Pop, Country, Oldies, Show Tunes, etc. It's not all Country! Line Dance is a proven stress reliever and an excellent way to fit exercise and fitness into your lives.

**Time/Day:** 5:30 pm - 6:30 pm / Thursday each week (Begins May 5, 2022)  
**Location:** Henry County Recreation Center  
395 W John Redd Boulevard  
Collinsville, VA  
**Cost:** \$5.00 per person per class payable to instructor



### LINE DANCE (CONTEMPORARY STYLE) - BEGINNER PLUS

This class is a step up from the Thursday Beginner Basic class. Syncopated steps will be incorporated into fun dances that are slightly more challenging but still at the beginner level. Dance to a variety of music genres. Music and dancing overall health, both physical and mental. Classes are on-going.

**Time/Day:** 6:45 pm - 7:45 pm/Thursday each week (Begins May 5, 2022)  
**Location:** Henry County Recreation Center  
395 W John Redd Boulevard  
Collinsville, VA  
**Cost:** \$5.00 per person per class/payable to instructor

### LINE DANCE (CONTEMPORARY STYLE) - IMPROVER LEVEL

Dances taught in this class will challenge students with syncopated steps and varying rhythms- teaching dancers to be musically intuitive. Have fun dancing to a variety of genres while improving your strength, stamina, brain function, and overall health. Classes are on-going. Class cancelled May 30th, June 20th, July 4th.

**Time/Day:** 5:30 pm - 6:30 pm/ Monday each week (Begins May 2, 2022)  
**Location:** Henry County Recreation Center  
395 W John Redd Boulevard  
Collinsville, VA  
**Cost:** \$5.00 per person per class (Payable to instructor)

### LINE DANCE (CONTEMPORARY STYLE) - INTERMEDIATE LEVEL

Our most challenging class, this is for the dancer who is comfortable with different rhythms, steps, and syncopations, including, Waltz, Rhumba, Cha Cha, Night Club 2-Step, Rolling 8 count, Tango, Swing, ect. Classes are on-going. Class cancelled May 30th, June 20th, July 4th

**Time/Day:** 6:45 pm - 7:45 pm/ Monday each week (Begins May 2, 2022)  
**Location:** Henry County Recreation Center  
395 W John Redd Boulevard  
Collinsville, VA  
**Cost:** \$5.00 per person per class (Payable to instructor)

### BEGINNER I SHAG

Learn the steps of the official dance of the Carolinas. Come with or without a partner. This is a 4 week course instructed by Sue Ann Ehmann and Ron Brammer.

**Time/Day:** Tuesday, 5:30 pm-6:30 pm/4 weeks May 24th - June 14, 2022  
**Location:** Henry County Recreation Center  
395 W John Redd Boulevard  
Collinsville, VA  
**Cost:** \$40 per person for a 4 week course (Payable to instructor)

### BEGINNER II SHAG CLASS

For those who have completed Beginner I shag. Learn more steps that every Shagger should know. Come with or without a partner. This is a 4 week course instructed by Sue Ann Ehmann and Ron Brammer.

**Time/Day:** Tuesday, 5:30 pm - 6:30 pm/4 weeks June 21st - July 12, 2022  
**Location:** Henry County Recreation Center  
395 W John Redd Boulevard  
Collinsville, VA  
**Cost:** \$40 per person for a 4 week course (Payable to instructor)

### BEGINNER III SHAG CLASS

For those who have completed Beginner I and II shag. Learn more steps that every Shagger should know. Come with or without a partner. This is a 4 week course instructed by Sue Ann Ehmann and Ron Brammer.

**Time/Day:** Tuesday, 5:30 pm - 6:30 pm/4 weeks July 19th - August 9, 2022  
**Location:** Henry County Recreation Center  
395 W John Redd Boulevard  
Collinsville, VA  
**Cost:** \$40 per person for a 4 week course (Payable to instructor)

# 50+ Club

## Health & Nutrition (continued)

### SHAG ON! (CONTINUATION SHAG CLASS)

For those who have completed Beginner I, II, and III. Learn steps to further enhance your Shagging fun! This is a 4 week course taught by Sue Ann Ehmann and Ron Brammer.

A minimum of 6 students are required. (singles and couples)

April 19 - May 10, 2022

May 17 - June 7, 2022

June 14 - July 5, 2022

July 12 - August 2, 2022

August 9 - August 30, 2022

Time/Day: 6:45 pm - 7:45 pm/ Tuesday for 4 weeks

Location: Henry County Recreation Center

395 W John Redd Boulevard

Collinsville, VA

Cost: \$40 per person for a 4 week course (Payable to instructor)

## Activities

### ROOK CLUB

The Rook Club is open to all adults age 50 and above. Rook is designed to be a fun card game that helps improve memory, hand, and eye coordination. It is also a great way to socially interact with others. All levels of experience is welcomed. For additional information, please call 276-634-4644.

Time/Date: Every Wednesday • 11:00 am

Location: Henry County Parks and Recreation Center Activity Room #2

Cost: Donation

### BRIDGE CLUB

The Bridge Club is open to all adults age 50 and above. Bridge is designed to be a fun and socially interactive way for seniors to enjoy playing cards. Those beginners who know how to play as well as experienced Bridge players are welcome. For additional information, please call 276-634-4644. To ensure no one goes away without playing, please plan ahead to have four people play at your table.

Time/Date: 1st and 3rd Thursday of each month - 12:00 pm

Location: Henry County Recreation Center

Activity Room #2

Cost: Donation

### B.I.N.G.O. CLUB

The Bingo Club is open to all adults age 50 and above. Bingo is designed to be a fun and socially interactive way for seniors to enjoy improving eye-hand coordination, and improve memory. For additional information, call Henry County Parks & Recreation Senior Services at 276-634-4644.

Time/Date: 1st and 3rd Tuesday of each month • 12:00 pm

Location: Henry County Recreation Center

Activity Room #1

Cost: Donation

### TREASURED MOMENTS TEA TIME

Did you know that tea has an incredibly rich history and it happens to be ranked number two in the world for drinks? Around the world, tea is used to welcome guest, relaxation, social events, and comfort. Senior Services would like to invite you to an afternoon tea. This is a great way for people to come together to reminisce, share laughs, share memories, encourage support, inspire one another, and to feel a sense of fellowship. Senior Services will provide teas, juices and small refreshments. Pre-registration is required due to limited space. Contact Senior Services at 276-634-4644.

Time/Date: 2nd Thursday of every month • 1:00 pm

Location: Henry County Recreation Center

Cost: Free

### CELEBRATING SENIORS

Did you know that there is a day celebrated and dedicated to seniors? Senior Citizen Day is celebrated throughout the world on August 21. This year will mark the 33rd World Senior Citizen Day! To celebrate you, Henry County Parks and Recreation Senior Services will be hosting our 2nd Annual Celebrating Seniors. We are making it bigger and better than last year. We will have screenings, entertainment, demonstrations, raffles, and light refreshments. Pre-registration is required. Contact Senior Services at 276-634-4644.

Time/Day: August 19 - 11:00 am to 2:00 pm

Location: Henry County Recreation Center

Cost: Free

### ONE DAY TRIP TO D-DAY MEMORIAL AND A CRUISE ON THE VIRGINIA DARE

Senior Services is taking a chartered journey to Bedford for a guided tour at the D-Day Memorial and Smith Mountain Lake Virginia Dare Cruise. This cruise will include an all you can eat buffet. All participants will enjoy not having to drive, taking in awesome information, and relaxing and taking in the beautiful scenery on the lake. For more information, contact Senior Services at 276-634-4644. All deposit is required the day participants sign up.

Time/Day: June 24, 2022 • Meet up Time TBA

Location: Henry County Recreation Center for charter bus pick-up

Cost: \$115/Person

### HOW TO KNOW IF IT'S A SCAM?

Each year, older individuals fall victim to some type of financial scam. During the past two years, an FBI study showed adults over the age of 65 were scammed losing an average of \$9,175. This report also estimated that the total of all the money scammed from individuals 65 and older was over \$1 billion. So how do you prevent this from happening to you, a relative, or friend? Senior Services is providing an opportunity for individuals to learn how scammers are being successful. We have three speakers that will talk and demonstrate different scams and how to make sure you do not fall into the scammers trap. Pre-registration is required. To register, contact Senior Services office at 276-634-4644.

Time/Date: August 25, 2022 • 10:00 am - 12:00 pm

Location: Henry County Administration Building • Summerlin Room

Cost: Free

### DISCLAIMER:

Pre-registration is required for all indoor activities, classes and programs by calling 276-634-4644.

### HENRY COUNTY PARKS & RECREATION PROGRAM GUIDE...

The summer 2022 publication contains the most recent up to date information regarding activities and programs available to seniors in the Henry County area. The program guide is available to any senior adult interested in receiving a copy by mail or email. To request a copy call Senior Services at 276-634-4644 or email amundy@co.henry.va.us.

# 50+ Club

## Activities

### BEAT THE HEAT ICE CREAM SOCIAL

What is the best way to cool off from these hot and humid Virginia days? The answer is simple, ICE CREAM! Senior Services will host an ice cream social every 2nd Tuesday of the month. We will meet at different locations throughout the county every month to soak up the sun, while staying cool and refreshed with our ice cream. Registration is needed to allow Senior Services the ability to contact each location with a head count. To register, call Senior Services at 276-634-4644.

**Time/Date:** 2nd Tuesday of the Month • 2:00 pm  
**Location:** May 10 Dippers Ice Cream  
4970 Greensboro Road, Ridgeway, VA 24148  
June 14 Livy's Ice Cream Shop  
2824 Virginia Avenue, Collinsville, VA 24078  
July 12 Dipper's Ice Cream  
4970 Greensboro Road, Ridgeway, VA 24148  
August 9 Livy's Ice Cream Shop  
2824 Virginia Avenue, Collinsville, VA 24078  
**Cost:** Individual is responsible for cost of their purchase

### MOVIE DAY

Henry County Parks & Recreation Senior Services would like to invite you to join us for a movie. The movies that play in our area may change from week to week and that change generally occurs on Fridays. We will announce the movie we plan to attend on the week before we plan to go. Give us a call at 276-634-4644 to check on the movie we plan to see and for additional details. If you choose to provide us with an e-mail address, we will be happy to send the information to you.

**Time/Date:** To Be Determined  
**Location:** Movie Town/Hollywood Cinema  
**Cost:** Individuals responsible for cost of ticket and concessions

### READING AND UNDERSTANDING NUTRITION LABELS

Who knows the frustration of going to the grocery store, trying to find foods that are healthy for medical or personal reasons? Reading the labels becomes confusing and time consuming when you do not know exactly which items are important to look at. Senior Services is excited to partner up with Samantha Turner, Registered Dietitian and Nutritionist from Henry County to discuss how to read and understand labels. Contact Senior Services at 276-634-4644.

**Time/Date:** June 17, 2022 • 11:00 am to 12:00 pm  
**Location:** Henry County Administration Building • Summertin Room  
**Cost:** Free

### PAINTING WITH LIBBY

Come and join Libby Killian for a day of acrylic painting outdoors. No artistic skills are needed. We will be exploring different painting techniques that you can use in the future. Libby will be walking you through the process step by step and you will take home a completed painting on a 12x16 canvas. All supplies will be provided. Pre-register to reserve your space by calling Henry County Parks and Recreation Senior Services at 276-634-4644. A minimum of 4 individuals are required to have class.

**Time/Day:** May 23, 2022 • 10:00 am -12:00 pm  
Get Blooming into Summer- Participants will have a choice between the paintings of flowers  
August 29, 2022 • 10:00 am to 12:00 pm  
Dragonflies- Participants will paint a picture with water an dragonflies  
**Location:** Henry County Recreation Center Activity Room #1  
395 John Redd Boulevard  
Collinsville, VA 24078  
**Cost:** \$25.00 per person/Pre-registration is required as space is limited.  
Checks should be mailed to Libby Killian  
1653 Olde Hunting Trail, Danville, Virginia 24540

### ART OF THE MONTH

Join us for our Art of the Month class, instructed by Karen Eggleston, QVC artist. These unique crafts make for wonderful gifts! There must be a minimum of 5 participants in each class. Pre-register early to reserve your space by calling Parks and Recreation at 276-634-4644. Space is limited. All supplies included.

### CARD CREATIONS

Karen will be offering card-making workshops for the summer. You will be introduced to various styles and designs of cards, easily assembled. Many techniques will be demonstrated using various tools in the card making industry. It is the hope you would decide which techniques appeal to you, thereby avoiding purchases of tools and embellishments that may not be good investments for you. These workshops will be especially interesting for those previously enrolled in the calligraphy class. Samples will be in place and demos will begin at 2pm. You may leave at your discretion.

**Time/Day:** May 23, 2022 • 2:00 pm  
June 20, 2022 • 2:00 pm  
July 18, 2022 • 2:00 pm  
August 22, 2022 • 2:00 pm

**Location:** Studio 107  
105 East Church Street  
Martinsville, VA 24112  
**Cost:** \$8.00/Pre-registration is required as space is limited.  
Checks should be mailed to Karen Eggleston  
18 Dianna Court, Martinsville, VA 24112



Painting  
with  
Libby  
May



Painting  
with  
Libby  
August

# PARKS, TRAILS AND FACILITIES

FACILITIES	PICNIC SHELTER	PLAYGROUND	RESTROOMS	TRAILS	BALL FIELDS	TENNIS COURTS	VOLLEYBALL COURTS	BOAT RAMP	CAMPGROUND
JACK DALTON PARK	●	●	●	●	●		●		
COLLINSVILLE JAYCEE PARK	●	●	●	●		●			
JORDAN CREEK PARK	●	●	●		●				
DOE RUN PARK			●	●					
FIELDALE PARK	●	●	●		●				
FISHER FARM PARK	●	●	●	●	●				
GRAVELY NATURE PRESERVE	●		●	●					
MT OLIVET RURITAN FIELD					●				
JOHN BRADSHAW FIELD AT HORSEPASTURE					●				
SAMUEL H. HAIRSTON FIELD					●				
SPENCER-PENN PARK		●		●	●				
SANVILLE RURITAN FIELD					●				
BLACKBERRY PARK		●			●				
LAUREN MOUNTAIN PRESERVE				●					
FIELDALE/TEXTILE HERITAGE TRAILS			●	●					
DICK & WILLIE TRAIL			●	●					
BASSETT RIVER ACCESS								●	
GREAT ROAD RIVER ACCESS			●	●				●	
FIELDALE RIVER ACCESS			●	●				●	
DOE RUN RIVER ACCESS								●	
S. MARTINSVILLE RIVER ACCESS								●	
FRITH DRIVE RIVER ACCESS								●	
SPORTS COMPLEX RIVER ACCESS	●	●	●	●	●			●	
MARROWBONE RIVER ACCESS				●				●	
MITCHELL BRIDGE RIVER ACCESS								●	
PHILPOTT MARINA			●	●				●	●
HENRY COUNTY REC CENTER	●		●						

# YOUTH ATHLETICS

## FLAG FOOTBALL

League play is offered for boys and girls ages 7 - 8 as of October 1, 2022

Teams are based at each elementary school.

Registration Deadline:  
August 12, 2022

**Practice & Game Dates:**  
September through November

## GIRLS BASKETBALL

League play is offered for girls ages 8 - 13 as of October 1, 2022

Teams are based at each elementary and middle school.

Registration Deadline:  
August 12, 2022

**Practice & Game Dates:**  
September through November

## FOOTBALL SPIRIT SQUAD

Squads are offered for girls in 3rd - 8th grades

Teams are based at each elementary and middle school.

Registration Deadline:  
August 12, 2022

**Practice & Game Dates:**  
September through November

## TACKLE FOOTBALL

League play is offered for boys ages 9 - 12 as of October 1, 2022

Teams are based at each elementary and middle school.

Registration Deadline:  
August 12, 2022

**Practice & Game Dates:**  
September through November

Our department has a weather hotline number that parents and coaches can call on days when it has been raining to find out if games are still being played. Call after 4:00 pm on weekdays and 9:00 am on Saturdays. **634.4636**

## Follow us on Social Media



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facebook.com/dickandwillietrail  
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instagram.com/philpottmarina  
instagram.com/henrycountyparks  
instagram.com/henrycountyvirginiafair



## VOLUNTEER YOUTH SPORTS COACHES DESERVE SPECIAL MENTION

We would like to thank the following coaches for taking time to be a volunteer youth sports coach. The time spent and your commitment are valuable to thousands of Henry County children and is appreciated by the Henry County Parks & Recreation Staff.

### BASKETBALL

Marcus Martin  
Jermaine Kidd  
Brian Rorrer  
Ray Powell  
Rishon Starkie  
Chad Turner

Alexay Hairston  
Maggie McBride  
Eric Woods  
Jeremy Wood  
Grayson Barnes  
John Fulcher

Trevor Preston  
Justin McGhee  
Jimmy Underwood  
Lamar Shelton  
Mecca Craig  
Miguel Jordan

### VOLLEYBALL

Michelle Eanes  
Kenetta Moyer

Eddie Sechrist  
Ruby Smith

Brittney Foley  
Joe Favero

### ELEMENTARY CHEER

Petola Moyer  
Shavonne Estes  
Alycia Tollison

Vannesa Triplett  
Brienna Hairston  
Melissa Deal

Danielle Foster  
Kara Moran

### SENIOR CHEER

Lisa McGhee  
Latressa Dillard

Samantha Staples  
Charity Hairston